

San Diego Gran Fondo: the USA's first-ever Italian Fondo is back this April 21st, 2024



The [San Diego Gran Fondo](#) represents Italian Cycling and Culture on the West Coast at its finest. A true Italian Gran Fondo is meant to make an everyday rider feel like a fully supported professional rider, and the San Diego Gran Fondo does so with real Italian flare.

The San Diego Gran Fondo (SDGF) is one of [North America's Top Gran Fondo's](#), attracting cyclists from over 32 states and over 20 countries worldwide. While the ride grows in popularity each year, it maintains its charming, friendly, and intimate atmosphere.

Starting in March 2009, San Diego Gran Fondo was the first-ever Gran Fondo event in the USA. Experience a true, authentic Italian Fondo starting in downtown San Diego, dubbed 'America's Finest City', is a world-renowned cycling destination, and home to mountains, beaches, deserts, and lakes.

The event begins and culminates on San Diego's waterfront where all participants receive a finisher's medal, a free massage, beer garden, **a four-course fully included Italian lunch**, and a live band.

In the spirit of Italian Gran Fondos, SDGF is a highly energetic public cycling event attended by pros, recreational cyclists, and weekend warriors. SDGF incorporates timed overall routes, KOM/QOM timed climbs, fantastic rest stops, route support mechanics and SAG to make sure you keep rolling along.



3 Routes for all Abilities

The classic 100-mile [Gran Fondo Route](#) includes the “Great Western Loop”, a San Diego favorite that cruises through East County’s backcountry. The Gran Fondo Route boasts 6,600 feet of climbing. there’s also the hill climb located on Japatul Rd at mile 36 and will serve as the KOM/QOM for the Gran Fondo riders. The Gran Fondo has four fantastic rest stops. The Gran Fondo real test for more intermediate and advanced cyclists.

The 60-mile [Medio Fondo Route](#) stretches from the Pacific Ocean to the San Diego backcountry and scenic views of Otay Lakes in Chula Vista with 3,100 feet of climbing. The Medio Fondo has three fantastic rest stops and will suit intermediate cyclists with a good endurance base who want to challenge themselves

By popular demand, the [Piccolo Fondo Route](#) is 35 miles and is designed for riders who want a Gran Fondo experience, yet prefer a shorter riding distance, this route features a flat-to-rolling course with one fantastic rest stop and just 1,300 total feet of climbing.

Riders’ favorite rest stop foods include salmon and cream cheese paninis with capers, Nutella strawberry sandwiches, and peanut butter, honey, and banana delights.

All three routes benefit from Course Marshalls, Bike Mechanics, and SAG Vehicles should you land yourself in any difficulty.



16th Anniversary Celebration!

The USA's longest running Gran Fondo is back, and it's bigger and better than ever before! Celebrating its 16th anniversary, the San Diego Gran Fondo has been named as one of the [Top Three USA Granfondos](#) by Gran Fondo Guide, and for good reason.

This year, the event promises to make every rider feel like a fully supported professional with true Italian panache. Whether you're a seasoned pro or an everyday rider, you can choose from three different routes that cater to cyclists of ALL abilities. So, get ready to believe in your abilities and be brave enough to push yourself to discover what you're truly capable of both physically and mentally.

With San Diego's temperate Mediterranean climate, you can look forward to cycling in ideal temperatures ranging from 60 to 70 degrees Fahrenheit on event day.

You can meet up with all your friends at the finish line party and enjoy your included Italian lunch and beer together on the San Diego waterfront.

Now that is a great way to enjoy Sunday together!



Supporting Life Sports Foundation

The San Diego Gran Fondo is proud to support [Life Sports Foundation](#). Life Sports Foundation is dedicated to helping people of all abilities who are facing physical, situational, or medical challenges to enrich their lives through sports. We provide opportunities for enhanced athletic lifestyles through endurance events, specialized equipment, training, competition expenses, and education.

Although fundraising is not required it is greatly encouraged. The Ride organizers show their thankfulness by providing a free ride entry and Jersey to any rider raising \$600 or more.

Register NOW and SAVE 10%!

Don't miss out on this truly authentic Italian experience - join everyone at the San Diego Gran Fondo 2024!

It's the Granddaddy of all American Gran Fondos! It's one of the best organized bike rides in North America. Make sure you add it your bucket list and experience an authentic Italian bike ride in Sunny California. You won't regret it!

For detailed information, please visit: <http://www.SDGranFondo.com> or click the button below to register now.

REGISTER NOW



About the San Diego Gran Fondo

[GranFondo Cycling Tours](#) are the producers of the San Diego GranFondo. Owners Tobias and Carrie Panek started their company because they wanted to share their love of the GranFondo with the world!

In 2003, Tobias and Carrie started taking cyclists to Italy to experience the thrill of riding in GranFondos. The Paneks, being native to San Diego, love holding the GranFondo San Diego in their hometown and sharing the experience with local cyclists as well as cyclists from all over the United States and abroad. For more information, please visit:

<https://www.gftours.com>

